

Student, Faculty who have 'close contact' with COVID-19 patient or has symptoms(fever etc.)

8.6.2021 HUSM

Follow the flowchart below, and please contact the "**Contact**" swiftly and properly

Personnel who have had 'close contact'** with person COVID-19 positive patient (even without symptom)

Has Symptoms (fever $\geq 37.3^{\circ}\text{C}$ #, mild respiratory symptoms or cold symptoms, hard to breathe, loss of smell or taste, etc.)

Have traveled to **high risk areas (variable)**, have 'close contact' with person who have traveled **within 2 weeks**, or **have a meal together**

- If you **have difficulty in breathing**, call '**Contact**'* immediately and ask for instructions
- For other mild symptoms, stay at home and report to above '**Contact**'*
- **Do not go to medical agency or clinic directly!** Contact Hamamatsu Public Healthcare Center* and University Health Administration Center to ask for instructions.
- **Report daily body temperature (morning and evening)** and physical condition to University Health Administration Center by **email every morning**

No instruction for PCR or negative in PCR testing

- **If designated period, by health administration center, has passed** and no symptoms, you can stop self-quarantine and self monitoring

Body temperature should be measured without taking any antipyretic

* Health Administration Center (e-mail: hac@hama-med.ac.jp, TEL: 053-435-2156 (weekdays only))
Student Affair Division (e-mail: kgs@hama-med.ac.jp, TEL: 053-435-2202 (weekdays only))
Personnel Division (e-mail: ssy@hama-med.ac.jp, TEL: 053-435-2119 (weekdays only))
Hamamatsu Public Healthcare center (TEL: 0120-368-567)

Stay home and report to 'Contact' below

'Contact'*

1. University Health Administration Center
2. Student -Student Affair Division
Faculty, Employee-owned affiliated department and personnel division

Have not traveled to high risk areas and have had no 'close contact'

- If you have difficulty in breathing, call '**Contact**'* immediately and ask for instructions
- For other mild symptoms, stay at home, monitor **daily body temperature (morning and evening)**
- If needed, **contact in advance** and visit medical clinic
- If you have any symptoms mentioned above continuously, contact Hamamatsu Public Healthcare Center* and University Health Administration Center to ask for instructions.
- **You can come to work** if you do not have fever $\geq 37.3^{\circ}\text{C}$ for 24hrs. If any other symptoms is remaining, **please contact University Health Administration Center for advice**

** Definition of 'close contact'

- In contact without any masks on within a meter, over 15 minutes, or contact in closed spaces (living together, inside a car or airplane)
- Direct contact (medical exam., nursing, caregiving, etc.) to symptomatic patients or their body fluid/discharge (eg. sputum (sweat excluded)), without enough precaution against infection