

Student/Faculty who has been in 'close contact' with COVID-19 patient or has symptoms (fever etc.)

7.7.2023 HUSM

Follow the flowchart below, and please contact the "**Contact**" swiftly and properly. **Please do not come to work or class, if you have any symptoms due to the infection.**

Personnel who has Symptoms (fever $\geq 37.3^{\circ}\text{C}$ #, soar throat, mild respiratory symptoms or cold symptoms, hard to breathe, loss of smell or taste, etc.)

Personnel who has been in 'close contact'** with a COVID-19 positive patient

Check if you have had 'close contact'** with persons or have a meal together with COVID-19 positive patient within the last 7 days

<without any symptom>

Report to your supervisor and then

- Take extra caution during the next 7 days since the last 'close contact'
- Take standard precaution

<with symptoms>

Stay home and report to 'Contact' below 'Contact'*

1. University Health Administration Center
2. Student -Student Affair Division
Faculty, Employee-own affiliated department and personnel division

- If you **have difficulty in breathing**, call 'Contact'* immediately and ask for instructions
- For other mild symptoms, stay at home and report to the above 'Contact'* If possible, test with self-administered coronavirus-antigen test kit at home. **If the test was positive**, please report to above 'Contact'* again
- If the kit test was negative or do not have the kit, please go to a **primary care clinic after calling and telling the situation. Please consider actively about taking a coronavirus-PCR test.**
- If you don't know which clinic to visit, contact the University Health Admin Center.

- **Please report the results** to Univ. Health Administration Center after visiting a clinic.
- **Please stay at home** according to instructed quarantine period (which is 5 days if you are COVID-19 positive) from Health Administration Center.
- You will be able to come to work/classes/clinical practice **after the instructed quarantine period is over and does not have a fever $\geq 37.3^{\circ}\text{C}$ nor other symptoms for 24hrs.** If you still have other symptoms, please contact Univ. Health Administration Center for permission to get back.

** Definition of 'close contact'

- Conversation without any masks on within 1.5 meters, over 15 minutes (such as a meal), Conversation with masks on within 50 cm, over 30 minutes cumulatively. Contact in closed spaces (living together, inside a small room without ventilation, car, or airplane) for over 1 hour.
- Direct contact (medical exam., nursing, caregiving, etc.) to symptomatic patients or their body fluid/discharge (eg. sputum (sweat excluded)), without enough precaution against infection

Body temperature should be measured without taking any antipyretic

- * Health Administration Center (e-mail: hac@hama-med.ac.jp, TEL: 053-435-2156 (weekdays only))
- Student Affair Division (e-mail: kgs@hama-med.ac.jp, TEL: 053-435-2202 (weekdays only))
- Personnel Division (e-mail: ssy@hama-med.ac.jp, TEL: 053-435-2119 (weekdays only))
- Novel Coronavirus Hotline (TEL: 0120-368-567)