

## To All Students, Faculties, and Employees of Hamamatsu University School of Medicine

2.21.2020 Hamamatsu University School of Medicine

### Additional Information about Our Measures Against Novel Coronavirus Infection

There has been report all around the world about the infection of Novel Coronavirus originated from Wuhan City of Hubei Province, China. Currently, warning has been issued to avoid non-essential travel for entire China, and to avoid all travel for all Hubei Province and Wenzhou City of Zhejiang Province. We made announcement on “Our Measures Against Novel Coronavirus Infection” on Feb. 6, 2020.

Since infection of Novel Coronavirus is spreading within the country, Japan’s Ministry of Health, Labor, and Welfare has published consultation and medical examination guidelines for the COVID-19 coronavirus described as below #1. If you apply to #1, please call Hamamatsu Public Healthcare Center “returnee/close contact consultation center” TEL 053-453-6118 and follow their advice. Also please report to the University Health Administration Center and Student Affair Division (if you are a student) or Personnel Division via your department (if you are a faculty or employee) and explain your situation.

If you have returned from China or have had close contact with person from China, but has no symptoms, please follow the Flow Chart attached (revised 2.20.2020).

Also, please read and follow the #2 Caution.

If there are any questions or concerns, please contact #3 (1) Health Administration Center.

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#### #1 Consultation Guidelines

If you have any of the following symptoms, please consult with the consultation center TEL 053-453-6118 for people with potential exposure to COVID-19:

- You have had cold symptoms or a fever of 37.5°C or over for four days or more (including when you need to continue to take an antipyretic).
- You have a strong feeling of weariness (fatigue) or shortness of breath (difficulty breathing).

#### #2 Caution

- If you have a symptom of cold or a fever of over 37.5°C, please take absent leaves from work or classes or club activities. Please refrain from going out or attending events. Please wear a mask and wash your hands to avoid spreading the infection. Monitor your body temperature daily and keep record.
  - \* If you have a fever over 38.5°C or severe ill condition suggesting Influenza infection, call and visit the medical agency or clinic within two days.

#### #3 List of places to “Contact”

- (1) Health Administration Center (e-mail: hac@hama-med.ac.jp, TEL: +81-53-435-

2156 (weekdays only))

(2) Student Affair Division (e-mail: [kgs@hama-med.ac.jp](mailto:kgs@hama-med.ac.jp), TEL: +81-53-435-2202  
(weekdays only))

(3) Personnel Division (e-mail: [ssy@hama-med.ac.jp](mailto:ssy@hama-med.ac.jp), TEL: +81-53-435-2119  
(weekdays only))

#### 【Useful information to prevent viral spread】

1. At this time, the infection seems to spread mainly by contagion (hand, nose) and droplet (cough, sneeze). Please wash your hand with soap and running water often.  
Adding alcohol disinfection is also effective. To avoid spreading the infection to other people, wear a surgical face mask (Protective effect by wearing a surgical face mask has not been proven).
2. There might be changes in protocol if there is some new information or change in status. Please be aware of the latest information by checking emails or the information below.

#### 【Information Link】

- Report on Ministerial meeting concerning Novel Coronavirus  
[http://www.kantei.go.jp/jp/singi/novel\\_coronavirus/](http://www.kantei.go.jp/jp/singi/novel_coronavirus/)
- Ministry of Health, Labour and Welfare HP  
[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708\\_00001.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00001.html)
- Ministry of Foreign Affairs HP  
<https://www.anzen.mofa.go.jp/>
- Shizuoka Prefecture HP  
<https://www.pref.shizuoka.jp/kinkyu/haien20200117.html>
- Japan National Institute of Infectious Disease  
<https://www.niid.go.jp/niid/ja/>