Follow the flowchart below, and please contact the "Contact" swiftly and properly.

**Personnel who have had ‘close contact’** with person COVID-19 positive patient (even without symptom)

Have Symptoms (fever ≥37.3°C#, mild respiratory symptoms or cold symptoms for more than 4 days, hard to breathe, strong dullness or fatigue, loss of smell or taste, etc.)

If you have difficulty in breathing, call ‘Contact’* immediately and ask for instructions.

For other mild symptoms, stay at home and report to above ‘Contact’*

Do not go to medical agency or clinic directly! Contact Hamamatsu Public Healthcare Center* and University Health Administration Center to ask for instructions.

Report daily body temperature (morning and evening) and physical condition to University Health Administration Center by email every morning.

Stay home and report to ‘Contact’ below

‘Contact’*

1. University Health Administration Center
2. Student – Student Affair Division
3. Faculty, Employee - own affiliated department and personnel division

If 2 weeks has passed and no symptoms, you can stop self-quarantine and self monitoring.

**If 2 weeks has passed** and no symptoms, you can stop self-quarantine and self monitoring.

No instruction for PCR or negative in PCR testing.

Have not traveled to high risk areas (including Domestic), or have ‘close contact’ with person who have traveled within 2 weeks.

If you have difficulty in breathing, call ‘Contact’* immediately and ask for instructions.

For other mild symptoms, stay at home and report to above ‘Contact’*

Do not go to medical agency or clinic directly! Contact Hamamatsu Public Healthcare Center* and University Health Administration Center to ask for instructions.

You can come to work if you do not have fever ≥37.3°C for 24hrs. If any other symptoms is remaining, please contact University Health Administration Center for advice.

**Definition of ‘close contact’**

- In contact without any masks on within a meter, over 15 minutes, or contact in closed spaces (living together, inside a car or airplane)
- Direct contact (medical exam., nursing, caregiving, etc.) to symptomatic patients or their body fluid/discharge (eg. sputum (sweat excluded)), without enough precaution against infection

# Body temperature should be measured without taking any antipyretic

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**Health Administration Center** (e-mail: hac@hama-med.ac.jp, TEL: 053-435-2156 (weekdays only))

**Student Affair Division** (e-mail: kgs@hama-med.ac.jp, TEL: 053-435-2202 (weekdays only))

**Personnel Division** (e-mail: ssy@hama-med.ac.jp, TEL: 053-435-2119 (weekdays only))

Hamamatsu Public Healthcare center (TEL: 053-453-6118)