Student, Faculty who have 'close contact' with COVID-19 patient or has symptoms(fever etc.)

7.9.2020 HUSM

Stay home and report to

Administration Center

Faculty, Employee-own affiliated department and

2. Student -Student Affair

personnel division

'Contact' below

1.University Health

'Contact'*

Division

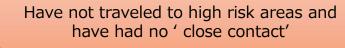
Follow the flowchart below, and please contact the "Contact" swiftly and

properly

Personnel who have had 'close contact'** with person COVID-19 positive patient (even without symptom)

Have Symptoms (fever ≥37.3°C*, mild respiratory symptoms or cold symptoms for more than 4 days, hard to breathe, strong dullness or fatigue, loss of smell or taste, etc.)

Have traveled to high risk areas (variable), or have 'close contact' with person who have traveled within 2 weeks



- If you have difficulty in breathing, call 'Contact'* immediately and ask for instructions
- For other mild symptoms, stay at home and report to above 'Contact'*
- Do not go to medical agency or clinic directly! Contact Hamamatsu Public Healthcare Center* and University Health Administration Center to ask for instructions.
- Report daily body temperature (morning and evening) and physical condition to University Health Administration Center by email every morning

No instruction for PCR or negative in PCR testing

- If 2 weeks has passed and no symptoms, you can stop self-quarantine and self monitoring
- # Body temperature should be measured without taking any antipyretic

- If you have difficulty in breathing, call 'Contact'* immediately and ask for instructions
- For other mild symptoms, stay at home, monitor daily body temperature(morning and evening)
- If needed, contact in advance and visit medical clinic
- ➤ If you have any symptoms mentioned above continuously, contact Hamamatsu Public Healthcare Center* and University Health Administration Center to ask for instructions.
- You can come to work if you do not have fever ≥37.3°C for 24hrs. If any other symptoms is remaining, please contact University Health Administration Center for advice
- ** Definition of 'close contact'
- In contact without any masks on within a meter, over 15 minutes, or contact in closed spaces(living together, inside a car or airplane)
- •Direct contact (medical exam., nursing, caregiving, etc.) to symptomatic patients or their body fluid/discharge (eg. sputum (sweat excluded)), without enough precaution against infection
- * Health Administration Center (e-mail: hac@hama-med.ac.jp, TEL: 053-435-2156 (weekdays only))
 Student Affair Division (e-mail: kgs@hama-med.ac.jp, TEL: 053-435-2202 (weekdays only))
 Personnel Division (e-mail: ssy@hama-med.ac.jp, TEL: 053-435-2119 (weekdays only))
 Hamamatsu Public Healthcare center (TEL: 0120-368-567)